

Location details

The Regus Centre

4200 Waterside Centre · Birmingham · B37 7YN

Tel: 0121-717 4722



The Henshall Centre rents training rooms from the Regus Centre in the Waterside Centre located in the superbly landscaped Arlington Business Park, sometimes called the Birmingham Business Park, just off junction 6 of the M42.

The Business Park is just ten minutes from Birmingham International Airport and Eurohub Terminal.

Once inside the Waterside Centre, make your way to the Regus reception desk. They will direct you to the room. Tea and coffee are served inside the room.

Staying near the Birmingham NEC Regus Centre

As you would expect, the NEC/Airport region is full of excellent hotels. Two are located on Bickenhill Parkway, less than two miles from the Waterside Centre. The Express by Holiday Inn is slightly more expensive but the room rate includes a continental breakfast. There is guest parking, but you have to pay for it. There is no restaurant in the hotel, but The Little Owl restaurant is nearby. A short distance away there is a Premier Travel Inn. Like others in this chain, it is cheap, cheerful and reliable. You have to pay for your breakfast, but guest parking is free. The Premier Travel Inn has a Pub restaurant within the hotel. The Pub brand tries to create a traditional pub atmosphere. Not easy in a modern hotel.

Getting to the Birmingham NEC Regus Centre

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- Exit the M42 at Junction 6
- At the roundabout take 4th exit Signposted A45 Coventry
- Leave A45 at 1st Exit
- Take the 1st left at roundabout Signposted A452
- Take 2nd exit off A452 Signposted Birmingham Business Park
- At roundabout take 2nd exit Signposted Birmingham Business Park
- 70 car parking spaces are available, on a first come basis, with no charge at the Waterside Centre where Regus is located.

PUBLIC TRANSPORT

Birmingham International Airport and its train station is ten minutes or so by taxi. Birmingham International station is two stops from Birmingham New Street station.