

Location details

The Regus Centre

69 Buchanan Street · Glasgow · G1 3HL

Tel: 0141-314 3737



LOCATION MAP



The Henshall Centre rents rooms for its training at the Regus Centre in Buchanan Street, located in the heart of Glasgow's commercial district.

It is a short walk from both Glasgow Central and Glasgow Queen Street stations, as well as from Buchanan Street and St Enoch underground stations. The M8 interchange is just one mile away. Glasgow International Airport is only eight miles away.

Buchanan Street is pedestrianised. It has shops, pubs, banks, restaurants and cinemas, as well as Glasgow's Royal Concert Hall.

Staying near the Buchanan Street Regus Centre

Glasgow's city centre is full of excellent hotels. Three to note: The three star Quality Hotel is right alongside Central Station. It has had a £7m upgrade, but is still a bit faded. The Radisson SAS Hotel on Argyle Street, about five minutes walk away has, on the other hand, won some architectural awards for its cutting edge contemporary style. Visit Scotland awarded it five stars in June 2005. But then a night in a standard room does cost £165 or so.

On George Square, there is a Premier Travel Inn. Like others in this chain, it is cheap (£56 a night), cheerful and reliable. It has an on-site SL/CE restaurant.

Getting to the Buchanan Street Regus Centre

BY ROAD

FROM M74 HEADING NORTH

Follow signs for Glasgow M8 via M73. On the M8 take Junction 15 (signs for Glasgow Cathedral). Turn right into Cathedral Street (A803). Go past Strathclyde University (signed).

Buchanan Street is pedestrianised. Turn left into Renfield Street, then left onto Gordon Street, right onto Mitchell Street. There is an NCP car park on the right and the Regus car park is on the left.

BY TRAIN

The Centre is walking distance from both Glasgow Queen Street and Glasgow Central train stations. St Enoch underground station and Buchanan Street underground station are both within two minutes walk of the centre.